

WELLNESS CERTIFICATE



Enhance your well being
by visiting all four locations for one great price.

633 E. Colonial Drive
Orlando, FL 32803

AyurVastu Facial. Up to \$65 value. (90 mins) AyurVastu Beauty & Wellness Center

*Ayurvedic Skin Care treatments for your
inner & outer beauty.*

Toya 407.617.9016

toya.afont@ayurvastu.com www.ayurvastu.com

Choose from a variety of facial treatments.
All facials are made with Ayurvedic & Medicinal Herbs
and 100% natural and holistic ingredients.

Full Body Massage. Up to \$75 value. (60 mins) A Knead for Balance, LLC

Live well, Laugh often, Love much... Enjoy Life

Gabriel 407.766.4798

*MA40250 MM23115
info@akneadforbalance.com www.akneadforbalance.com*

Choose from:

- Swedish
- Deep Tissue
- Sports Massage
- Reiki

Contact any business to purchase your Wellness Gift Certificate.
Make your appointments at your convenience.

Yoga Session. Up to \$20 value. (90 mins) Yoga Harmonics

Experience yourself as a Whole, Balanced & Complete

Amy 407.927.7500

aum@cfl.rr.com www.theonlinebellydanceschool.com

We will use tools of Yoga, Light & Sound to bring
your body, mind, and soul in to a most peaceful,
grounded and awakened space.

Personal Trainer Session. Up to \$50 value. (60 mins) Certified Personal Trainer

Chantal Simpson 407.443.0022

Point Total Body Fitness Assessment. Including body
fat measurements and dietary recommendations
to better achieve your health and fitness goals.

Package \$99.00
(Up to \$210 value)